

# EVENT SCHEDULE

## FRIDAY APRIL 12, 2024

5:00pm Women's Hammer (Men to Follow)

## SATURDAY APRIL 13, 2024

### FIELD EVENTS

9:00am Women's Javelin (Men to Follow)  
Women's and Men's Long Jump  
10:30am Men's High Jump  
11:30am Men's Discus  
Women's Pole Vault  
Women's Shot Put  
12:30pm Women's High Jump  
1:30pm Women's and Men's Triple Jump  
Women's Discus  
Men's Pole Vault  
Men's Shot Put

### RUNNING EVENTS

9:00am Women's 5000m  
9:30am Men's 5000m  
11:45am National Anthem  
12:00pm Senior Recognition  
12:30pm Women's 4 x 100 Relay  
12:45pm Men's 4 x 100 Relay  
1:00pm Women's 1500m  
1:20pm Men's 1500m  
1:50pm Women's 100m Hurdles  
2:05pm Men's 110m Hurdles  
2:15pm Women's 400m  
2:30pm Men's 400m  
2:45pm Women's 100m  
2:55pm Men's 100m  
3:30pm Women's 800m  
3:50pm Men's 800m  
4:10pm Women's 400m Hurdles  
4:20pm Men's 400m Hurdles  
4:30pm Women's 200m  
4:55pm Men's 200m  
5:30pm Women's 3000m Steeplechase  
5:45pm Men's 3000m Steeplechase  
6:00pm Women's 4 x 400 Relay  
6:10pm Men's 4 x 400 Relay